

Internet safety

Downpatrick Neighbourhood Team



 psni.police.uk

Report online. Call 101. In an emergency call 999

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we act



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Internet safety

The internet is a great way to learn, explore and connect with each other. The digital age has developed at a rapid pace and presents wonderful opportunities for individuals, communities and businesses. However, it has also presented criminals with opportunities to exploit vulnerabilities and it is vital that all of us are aware of the risks in order to keep each other safe.



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Snapchat



A photo-messaging app that allows users to take photos, record videos add drawings and send them to their friends.

What Parents Should Know...

-  Age restriction is 13 years old but there is no age verification process when signing up
-  By default only friends can view users media, but this can be changed to public in the settings which means anyone can view and send media
-  Media sent by the user disappears but can be screenshotted or recorded by another device meaning they become permanent, perhaps against the will of the sender
-  Snap maps can tell the exact location of the user

TikTok



A social media app where users can both create and watch short video snippets, often accompanied by music

What Parents Should Know...



Age restriction is 13 years old but there is no age verification process when signing up. This means if a child signs up without a parent knowing they then could have access to all the explicit and inappropriate content on TikTok without restriction.



By default only friends can view users media for an account created aged 13-15 years old, but this can be changed to public in the settings which means anyone can view and send media



There is an option called 'Family Pairing' where parents can link their child's account to their own account so you can control direct messaging, set screen time limits and turn on/off restricted content. You will also receive a notification if any of the settings are changed or turned off from their child's phone

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Risky Challenges

The TikTok platform is famous for spawning viral challenges which are a big draw for many users. TikTok has received a lot of flak for allowing potentially dangerous challenges - such as the SKULLBREAKER CHALLENGE and the OUTLET CHALLENGE to reach popularity.

Make sure that you child knows not to try risky activities they see on TikTok.






Instagram



A free photo and video sharing app owned by Facebook

What Parents Should Know...

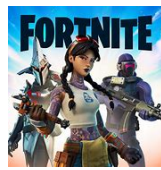
-  Age restriction is 13 years old and any account that represents someone under 13 has to clearly state in the bio that it is managed by a parent or manager.
-  Instagram does not offer any parental controls within the app and there is no way to filter content - so a 13 year old using it could see exactly the same content as an adult. Much of the content on Instagram is suitable for all ages but it is still possible a child could see something inappropriate or sexualised.
-  Instagram has been accused of contributing to the rise of body image issues among young people. Celebrities post heavily edited, professionally styled and often touched up images giving an unrealistic idea of beauty that is often unreal and unattainable.

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Fortnite



An online game where players collaborate to survive in an open world environment by battling other characters who are controlled by either the game itself or by other players.

What Parents Should Know...



Age restriction is 12 years old but as with many games, plenty of children under 12 are playing it



The violence is cartoonish, but some characters and scenes might disturb younger players



There are 3 levels of privacy in the game. PUBLIC: where anyone can join your child's online party. FRIENDS: where only friends can join your child's party. PRIVATE: no-one can join your child's party.



Fortnite offers voice chat between players. However, the game does allow you to disable this

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Tips for keeping children safe online

TIP:

**Learn about
the games
your child likes
to play online**



We would encourage parents to participate in some of the games their children likes to play online. This is a great way to build trust and makes it easier for parents to start constructive conversations with their child about what they are doing, who they are talking to online and importantly who is talking to them.

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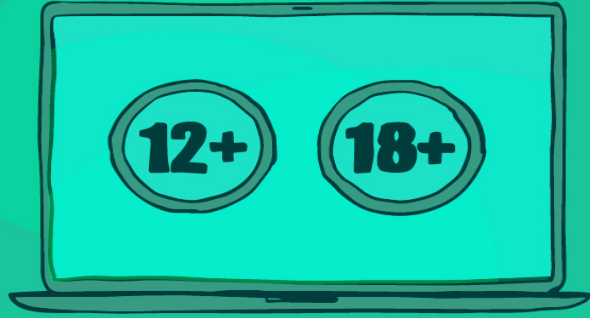


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Tips for keeping children safe online

TIP:

Check the game's content and age suitability



Age ratings and content icons are there to help you decide what games are suitable for your child. The content icons indicate game content such as bad language, violence, references to drugs or sex and whether the game has an online mode.

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Tips for keeping children safe online

Age Ratings



Game Descriptors



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Tools to help you make a choice



Expert reviews, advice and age appropriate recommendations on games, apps, films and more.

[commonsensemedia.org](https://www.commonsensemedia.org)

**internet
matters.org**

Step-by-step guides for using parental controls and privacy settings alongside support on a range of online safety topics.

[internetmatters.org](https://www.internetmatters.org)

Net Aware

Online guide with up-to-date advice and parents' views on popular apps, games and online platforms.

[net-aware.org.uk](https://www.net-aware.org.uk)

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Sextortion

A cyber-enabled crime where victims are lured into sharing intimate images or performing sexual acts in front of a webcam. Their actions are recorded by criminals who then use the footage in an attempt to blackmail the victim.

Offenders commonly target victims through dating apps, social media and webcams. Sextortion usually involves victims being lured to take off some or all of their clothes in front of a webcam, only to be told that they have been recorded and that the video will be posted online and/or shown to the victim's contacts unless a fee is paid – usually a substantial amount of money.

Sextortion can have a devastating effect on the victim. However, there are steps that can be taken to prevent this type of crime happening.

If criminals threaten to share intimate images or videos of you online,

**this is
Sextortion**

Send ££ or I will post this!



**Think before you
bare and share online.**

Find out more
www.psnl.police.uk/sextortion

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Prevention Advice



Do not share intimate videos online.



Do not remove clothes or perform intimate acts online



Remember, what goes online may well stay online



Do not accept friend requests from strangers



Update privacy settings so only people you know can view accounts



Do not include sensitive, private or confidential information in profiles

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Tips for keeping children safe online

TIP:

**Talk to
your child
without
judgment**



What are you doing online ?
Where are you going online?
Who are you talking to online?
When are you going online?

Talking to your child is one of the best ways to keep them safe online. Simply having an open conversation without judgment about the online world they are engaged in will ensure that your child feels confident they can come to you, especially if they make a mistake or have a problem online.

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Key Messages For Your Child



You can always come to me if you need help



Online, not everyone is who they say they are



Keep personal information safe



Be respectful to others online



Think before you post



Not everything online is true

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Translating Teens

As use of technology evolves – acronyms, slang and emoji's have created a new language for young people. This list gives you general phrases to watch out for and words or emoji's that may not have obvious meaning.



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Translating Teens

LOML: Love of my life

RN: Right Now

ICYMI: In case you missed it

IMO: In my opinion

Ship: Abbreviation for relationship

Fam: Very good friend

SMH: Shaking my head, can also be 'so much hate'

Basic: Someone, or something, that is ordinary (usually an insult)

L4L: Like for Like (on social media)

BAE: Before Anyone Else; a favourite friend or partner

SLAY: To do something amazing

IDEK: I don't even know

IKR: I know, right?

AFAIK: As far as I know

PMOYS: Put me on your Snapstory



Shading: Gossiping about someone without naming them

OFC: Of course

TFW: That feeling when

DILLIGAF: 'Does it look like I give a f****'

Butters: Unattractive or ugly

AF: 'As f****' e.g. 'cool AF'

Fresh: Used to describe something good or cool

Bants: Short for banter (to joke or mess around)

KMT: 'Kissing my Teeth' (used as a sign of disrespect/disapproval)

Sick: Means the opposite of its original meaning (positive/good/amazing)

Allow it: Means the opposite of its original meaning (negative/stop/disagreement)

PM/Private: Short for private or personal message

'Netflix and Chill': To watch TV and have sex

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Translating Teens

Watch out For

ASL?: Age, Sex, Location?

c2c: cam to cam

PFP: Picture for proof

WTH: What the hell

TDTM: Talk dirty to me

9, CD9, Code 9: Parents are nearby

99: Parents are gone

IRL: In real life

S2R: Send to receive (pictures)

121: Talk in private message

F2F: Face to face - video chat or in person

Sugarpic: Suggestive or erotic photograph

SWYP: So what's your problem?

KMS: Kill myself

KYS: Kill yourself

GNOC: Get naked on camera

KPC: Keeping parents clueless



MPFB: My personal f*** buddy

RU18: Are you 18?

YWS: You want sex?

THOT: 'That hoe over there'

WTTP: Want to trade pics?

GTFO: Get the f*** out

FINSTA: Fake Instagram account

IWSN: I want sex now

CU46: See you for sex

GYPO: Get your pants off

WTF: 'What the f***'

Pic: Picture

Snap Snapchat

Insta: Instagram

FWB: 'Friend with benefits' (casual partner)

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Translating Teens

Drugs

Yellows, Blues, Vallies, Diazzie:

Diazepam/Xanax
(Benzodiazepines)



Bud, Blunt, Hash, Ganja, Weed, MJ, Smoke: Cannabis

Blow, Charlie, Snow, Coke, Gear, White, Bump: Cocaine Powder

Mandy, Molly, X, MD, Pills: MDMA (Ecstasy)

Pick up: To buy drugs

420: Usually a reference to cannabis

Emojis to watch out for

 **Snake:** To snitch on someone or do something behind their back



 **Eggplant:** Penis

 **Banana:** Penis

 **Peach:** Bum


 **Tongue:** Oral sex

 **Cherries:** Touch my breasts


 **Camel:** Hump(ing)

   - Masturbation

  - Masturbation

 **Fire:** To let someone know they are good looking (hot) or something is good

 **Smirk:** Flirting face

 **Flex:** To show off (flex)

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Making A Report To Police

How do I report?

If you are concerned that a child is being groomed online, please contact police on 101 or dial 999 in an emergency.



If you are worried that a child is being groomed in a game, or on any other online platform you should contact Police on 101

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Get help and support

NSPCC

Free support and advice for adults concerned about the safety or wellbeing of a child.

0808 800 5000

nspcc.org.uk



Free, professional, non-judgmental support and advice.

0808 800 2222

familylives.org.uk

YOUNGMINDS

fighting for young people's mental health

Free, confidential, expert advice on how to support young people's mental health & wellbeing.

0808 802 5544

youngminds.org.uk

O₂ | NSPCC

Free online safety support and tech advice.

0808 800 5002

nspcc.org.uk/onlinesafety

The banner features a background image of a young child's face. On the left is the N. Ireland logo, which is a blue shield containing a green silhouette of two people. To the right of the shield is the text 'SAFER SCHOOLS' in a bold, multi-colored font (S is pink, A is yellow, F is blue, E is red, R is green). Below this, the text 'Safer Schools N.I.' is written in a large, white, sans-serif font. At the bottom of the banner, the tagline 'Educate, empower and protect your school community.' is written in a smaller, white, sans-serif font.

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Questions ?

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